

## MEN'S CLOTHING SIZING

Inches

SIZE	M	L	XL	2XL	3XL	4XL
CHEST	30-40"	42-44"	46-48"	50-52"	54-56"	58-60"
SLEEVE	34"	35"	36"	37"	38"	38"
WAIST	32-34"	36-38"	40-42"	44-46"	46.5-48.5"	49-52"
INSEAM	31.5"	31.5"	32"	32"	32"	32"

Centimeters

SIZE	M	L	XL	2XL	3XL	4XL
CHEST	76.2-101.6c m	106.7-111.8c m	116.8-121.9c m	127.0-132.1c m	137.2-142.2c m	147.3-152.4c m
SLEEVE	86.4cm	88.9cm	91.4cm	94.0cm	96.5cm	96.5cm
WAIST	81.3-86.4cm	91.4-96.5cm	101.6-106.7c m	111.8-116.8c m	118.1-123.2c m	124.5-132.1c m
AVERAGE PANT SIZE	30-32"	34-36"	38-40"	42-44"	46-48"	50-52"
INSEAM	80.0cm	80.0cm	81.3cm	81.3cm	81.3cm	81.3cm

**\*STANDARD FIT: COMFORTABLE EVERYDAY FIT.**

How to measure:

This size chart is for reference purposes only. Please note that sizing may vary per garment style due to materials. If you are between sizes, we recommend sizing down as most of our garments are sized generously. If you are still unsure, we recommend ordering both sizing and returning the one that doesn't fit.

### 1. Chest:

Measure around the fullest part of your chest, keeping tape firmly under your armpits and around your shoulder blades.

### 2. Sleeve Length:

Bend your arm slightly. Measure from the center back of neck, across the shoulder, down your elbow and down to your wrist.

3. **Waist:** Measure around your waist, slightly below your natural waist (where you normally wear your pants). Insert your forefinger between the tape and your body to allow ease in fit.

4. **Inseam:** Measure a similar pair of pants that fit you well. Measure along the inseam (from the crotch seam to the bottom of the hem).